



# C.J NEWS

## COMMUNITY NEWSLETTER

April  
2021

'Strong Community Connections'

Colyton, Erskine Park, North St Marys, St Clair, Werrington and surrounding areas

To ensure the safety at all times of our staff, community and group members, we have incorporated a COVID Safe environment which includes QR Code Check in, social distancing, a limit on group size and regular cleaning.

### SKATE CLAIR - YOUTH WEEK EVENT

Our annual Skate Clair Event will be held on Wednesday 14<sup>th</sup> April from 12:00pm – 2:00pm at St Clair Skate Park, Mark Leece Oval.



This is a free, COVID-Safe event for young people and residents to join in and participate as part of National Youth Week. Young people can participate in a bike, skate, scooter or street competition. This is a ticketed event go to [communityjunction@outlook.com](mailto:communityjunction@outlook.com) to register for a ticket. Helmets must be worn and prizes are up for grabs.

### HEALTHY BODY MIND & FAMILY

Healthy Body Mind & Family is a free 6 week course for women with children 0-12 years of age. The course will include meditation, simple stretching, breathing and relaxation techniques as well as cooking. Join us on Thursday mornings at North St Marys Neighbourhood Centre, 10.00am – 12.00pm, commencing 20<sup>th</sup> May 2021. Contact Kim for more information on 9673 3908. There are limited spaces for this course. Bookings are essential.



### SUPPORT OUR ANNUAL YOUTH CAMP

Throughout the month of April Grill'd Penrith will be supporting our Youth Team through their Local Matters initiative. You can support our fundraising efforts by grabbing a burger and dropping your token into the Community Junction Youth Camp jar. At the end of the month, the Community Group with the most tokens will receive \$300 with the runners up each receiving \$100. All moneys received by Community Junction will go towards our 2021 Annual Youth Camp.



### MOVIE NIGHT

Werrington Youth Centre is hosting a free outdoor movie night on the 16<sup>th</sup> April starting at 5:30pm. All members of the community are welcome, however bookings are essential. A sausage sizzle will be available on the night for a gold coin donation, and all money received will be donated to Community Junction's annual youth camp. Contact Naomi on 0415 383 884 / 4732 1562 or alternatively you can email [naomis@communityjunction.org.au](mailto:naomis@communityjunction.org.au) for more information or to make a booking.



### INTRODUCTION TO FLORISTRY

During this 8 week course you will learn the basics of floristry with Kate from TAFE NSW. Find your hidden creativity as you learn to make fresh flower posies, corsages and many more floral arrangements. This course will commence on Tuesday 27<sup>th</sup> April from 9.30am – 12.00pm. Contact Kim for more information on 9673 3908. Limited spaces and bookings are essentials.



### YOUTH HOLIDAY ACTIVITIES

Our Youth Team has a jam-packed, exciting April School Holiday program planned. There are heaps of fun activities and outings including an Easter Egg Hunt in the park, a trip to the Easter Show, Sydney Olympic Park pools and an Outdoor Movie Night. Check out our Facebook Page: Community Junction Youth Spaces for more information on all the things young people can be part of this school holidays.



### YOUNG HEALTHY MIND COLYTON

During Term 2 a Young Health Mind program will commence at Colyton Neighbourhood Centre for children in years 3 to 6. This 7 weeks program will focus on promoting healthy eating, mental health, exercise and goal setting. For more information, please contact Jane 9188 9065 or email [jane@communityjunction.org.au](mailto:jane@communityjunction.org.au)



### MOBILE TOY LIBRARY COLYTON

Local residents will now have access to a Toy Library at Colyton Neighbourhood Centre. The Toy Library provides families with the opportunity to borrow quality toys for children 0 - 5 years. The Library will be open Monday, Wednesday and Thursdays 10:00am - 4:00pm during school terms. For more information please contact Jane 9188 9065



### FINANCIAL LITERACY

Would you like to develop stronger money management skills? We are running a 4 week course on financial literacy to assist you on the right path using your money and managing your bills. To book please contact Terina on 4732 1562 / 0415 655 586 or via email [terina@communityjunction.org.au](mailto:terina@communityjunction.org.au)



### MOBILE PLAYVAN

It was with much excitement that Mobile Playvan returned to North St Marys Neighbourhood Centre for 2021. Educators were excited to welcome new and existing families, and sessions are full steam ahead. Mobile Playvan is at North St Marys Neighbourhood Centre each Wednesday during school terms 9.30am -11.30am. All families are welcome, please call 0419 976 917 to book a place or call Kim on 9673 3908 at the centre for more information.



### LEARN PLAY GROW

Throughout Term 1, Colyton Learn Play Grow have been having so much fun playing, creating, learning and making new friends. Children aged 0 - 5 have participated in various activities that help develop children's social, emotional, and cognitive skills. Learn Play Grow is a great way to make friends in your local area and keep your young ones active and learning throughout the morning. Colyton Learn Play Grow is held Mondays throughout the school term from 9:30am - 11:30am. A FREE healthy morning tea is provided for children. For more information, please contact Jane via phone at 9188 9065 or email [jane@communityjunction.org.au](mailto:jane@communityjunction.org.au)



### MEN'S COFFEE AND CHAT

This is a free social group for men in the community looking to connect and chat with other men over a coffee. The group runs on Wednesdays, during school terms at Autumnleaf Neighbourhood Centre St Clair, 11:30am - 12:30pm. For more information please call 9834 2708.



### SENIORS LIVING WELL



Seniors Living Well Group is a great way to be social and active within the local area. Throughout Term 1 Seniors Living Well have enjoyed many activities, including a Movie Morning, Bingo, keeping mind active games, Arts and Crafts, and so much more.

If you would like more information, please contact Jane on 9188 9065 or email [jane@communityjunction.org.au](mailto:jane@communityjunction.org.au)

### GULYANGARRI

Our Willmot play session group runs every Monday during school terms from 9:15am - 11:30am at Willmot Hub. Children engage in play based learning and parents are given an opportunity to play with their child and connect with other families within their community. For more information please contact 0419 098 034.



### GET CONNECTED

Get Connected is a program to help members of the community navigate their digital devices including phones, computers or tablets. The program runs at Autumnleaf Neighbourhood Centre St Clair on Wednesdays, however bookings are essential. For more information please call Naomi on 9834 2708 or email [naomis@communityjunction.org.au](mailto:naomis@communityjunction.org.au) We are also providing a 1 hour one-on-one session every Thursday 1:00pm – 2:00pm at Werrington. Bookings are essential. Please call Terina on 4732 1562 / 0415 655 586 or email [terina@communityjunction.org.au](mailto:terina@communityjunction.org.au)



### OUTREACH

At our Learn Play Grow group at Werrington we got ready for Easter with craft activities for the children. The children created bunny ears with a little help from their mums. Getting the children involved in a craft activity encourages them to use their fine motor skills, hand- eye coordination and social skills. Letting the children explore their creativity by using different resources is a great way for them to engage in decision making and use their imagination.



### NORTH ST MARYS YOUTH SPACE

Term 2 is 'bring back the old school fun' at North St Marys Youth Space. Each week young people will have the opportunity to participate in a different activity, recharge, hang out with friends or seek support from a youth worker. We are open Wednesdays during school terms 3:00 - 5:00pm at North St Marys Neighbourhood Centre. For more information please contact Jemma on 9673 3908 or [jemma@communityjunction.org.au](mailto:jemma@communityjunction.org.au).



### KEEPING UP TO DATE

Our website is updated regularly and you can view our term programs or any new activities by visiting our website at [www.communityjunction.org.au](http://www.communityjunction.org.au). Our Facebook page is another great way of keeping up to date with the latest programs and activities on offer, or alternatively you can ring our centres and talk to a staff member.



Management and staff of Community Junction would like to wish our community members a very Happy Easter.