



C.J NEWS

COMMUNITY NEWSLETTER

'Strong Community Connections'

Colyton, Erskine Park, North St Marys, St Clair, Werrington and surrounding areas



2021

To ensure the safety at all times of our staff, community and group members, we have incorporated a COVID Safe environment which includes QR Code Check in, temperature checks on arrival, social distancing, a limit on group size and regular cleaning.

NILS / MONEYCARE PROGRAM

A financial counsellor from the Salvation Army will be available to meet with you to discuss your money concerns at North St Marys Neighbourhood Centre 9673 3908, Autumnleaf Neighbourhood Centre 9834 2708 and Werrington Youth Centre 4732 1562. You will be given help in how to develop a workable budget, understand your bills and where to get financial help. We can also assist you with a Nils loan (No Interest Loan Scheme). Please contact your nearest centre for more information.



WERRINGTON OFFICE MOVE

Community Junction Inc Werrington office will be working out of Werrington Youth Centre (end of Cottage St, Werrington) for Term 1 while Arthur Neave Memorial Hall is renovated. All groups will still be functioning as usual. If you require support, a worker is still available on 4732 1562 or 0415 655 586 or via email terina@communityjunction.org.au

TRANSITION TO SCHOOL PROGRAM GULYANGARRI

Gulyangarri will start back at Shalvey Public School 9th February 2021 for our Transition to School Program for Aboriginal and Torres Strait Islander families. We will also be Commencing Transition to School Program at Wilmott Community Hub starting 8th February 2021 at 9:15am - 11:30am. This program will run Mondays during school terms. Please contact us on 0419098034 for more details.



123 MAGIC PARENTING PROGRAM

North St Marys Neighbourhood Centre will deliver a 123 Magic Parenting Program over 3 sessions commencing 23rd February 2021. During the sessions, you will learn to manage difficult behaviour in children 2-12 years old, set clear expectations and help children develop frustration tolerance, and gain simple strategies to practice being a calm parent. The program will run for two hours from 10:00am - 12 noon. For more information and bookings please contact Kim on 9673 3908.



HEALTHY MIND BODY FAMILY

The Healthy Mind Body Family is a 4 week program that aims to provide participants with healthy initiatives which they can learn and pass on to their families. This includes; basic stretching and relaxation, mindfulness such as time out and meditation as well as nutrition. Along with our facilitator, participants learn to prepare easy healthy recipes taking into consideration dietary needs. The program will run on Wednesdays, 9:30am – 11:30am between 10th March - 31st March 2021. To book or for more information please contact TeRina on 4732 1562 or 0415 655 586 or email terina@communityjunction.org.au Bookings are essential and Covid safety procedures apply.

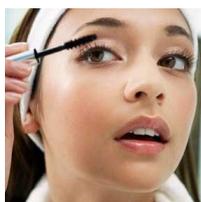
FLORISTRY WORKSHOP

Colyton Neighbourhood Centre will be running a free 8 week Floristry workshop during Term 1. Commencing Wednesday the 10th February 2021, participants will learn basic skills to create floral arrangements, corsages etc, and a better understanding of the types of jobs available in the field. Places are limited and bookings are essential. For more information or to book a spot, please contact Jane 9188 9065 or mobile 0405 188 036 or email jane@communityjunction.org.au



BEAUTY COURSE WORKSHOP

Autumnleaf Neighbourhood Centre, Cnr Autumnleaf Pde and Timesweep Dr St Clair will be running a free TAFE Beauty Taster Course on Mondays, during Term 1, commencing 15th February from 9:30am - 11:30am. Places are limited and bookings are essential. For more information or to book a place, please call Luke on 9834 2708.



LEARNING LOUNGE

Give your children a head start when they return to school. The Learning Lounge is open for students who need some extra help with their homework and school work. This free program is run from St Clair Youth Centre, 97A Cook Parade St Clair, every Tuesday 3:00pm - 6:00pm, during school terms. It is equipped with laptops, printer and internet. Bookings are essential. For more information please contact Luke on 9834 2708.



ESL (ENGLISH AS A SECOND LANGUAGE)

Free ESL classes are provided to community members whose second language is English, at Autumnleaf Neighbourhood Centre St Clair. We have a dedicated volunteer who is passionate about teaching English. To book in, or for more information please call Luke on 9834 2708. or email luke@communityjunction.org.au



GET CONNECTED

Do you struggle to stay digitally connected with friends and family, then Get Connected Program for you. Held every Wednesday, during school terms from 1:00pm - 2:00pm at Autumnleaf Neighbourhood Centre St Clair. This free digital mentoring class helps you learn the ropes of modern technology. For more information please call Luke on 9834 2708.



BOOK CLUB

Do you enjoy reading. Do you wish you could discuss the book you have just read with someone. Why not come along and join us for a chat, a laugh and some afternoon tea. Colyton Book Club meet every 2nd Wednesday , 4:30pm - 6:00pm at Colyton Neighbourhood Centre, Cnr Jensen and Willoughby St's Colyton. Please contact Jane 9188 9065 for more information about the Book Club.



YOUTH SPACES

Erskine Park, North St Marys, St Clair and Werrington Youth Spaces are ready and raring to go, with a jam packed, fun filled program for Term 1 planned. Youth Spaces will reopen the week commencing 1st February 2021. Come along and reconnect with your mates, enjoy the activities or just chill out. For more information contact monique on 0405 824 779.



GULYANGARRI 2020 GRADUATION

The end of 2020 saw many of our children graduate and are now off to kindergarten. We were honoured to share time with these amazing children, and the exciting moment of graduation with them. Thank you for joining us at Gulyangarri. We wish them all the best.



OUTREACH SERVICE

As 2020 drew to a close, groups were excited to be able to celebrate the end of year with children and families. It has been great to see the return of our families and we look forward to 2021. Children Services Outreach offers Mobile Childcare, Parent Sessions and Preschool Readiness Programs to cater for children and their families. For more information please contact 0419 098 034.



CHILDREN SERVICES - VACATION CARE PROGRAM

Our Vacation Care program has been in full swing this Christmas break. Children have participated in a variety of incursions such as making woodfired pizzas, reptile and amphibians, and go-kart racing, as well as engaging in water play days, seed planting, just dance parties and bike riding at the local reserve. The Preschool service will commence on 1st February, where we look forward to an exciting year ahead with many new families joining our Children's Centre community.



CHRISTMAS PRESENTS & FOOD HAMPERS

During December, our Werrington office were able to provide community members struggling over the holiday season with over 80 food hampers and presents. A big thank you to Westcare and Cecil Hills Public School for providing us with the presents and support. Over at St Clair, the Christmas Food and Toy Drive was a massive success. It was truly amazing to see the community come together and make donations to those who needed it most.



FOOD HAMPERS FOR CHRISTMAS

Over 70 families living in North St Marys and surrounding areas, appreciated receiving free food hampers just in time for Christmas. It has been a tough year for many families and we can't thank Westcare, Foodbank and the Neighbourhood Renewal Team Penrith City Council enough for making this happen.



KEEPING UP TO DATE

Our website is updated regularly and you can view our term programs or any new activities by visiting our website at www.communityjunction.org.au. Our Facebook pages is another great way of keeping up to date with the latest programs and activities on offer, or alternatively you can ring our centres and talk to a worker.



YOUTH SCHOOL HOLIDAY PROGRAM

During the January school holidays Community Junction offered a successful holiday program at each of our centres. This also included joint outings to Hoyts, Don Bosco, Werrington Lakes and St Mary's Ripples. We had great numbers and enjoyed catching up after Christmas and New Year's. There were a lot of laughs shared and many memories created! It was a fantastic couple of weeks and we look forward to the next holiday program.

