



NORTH ST MARYS YOUTH SPACE

**SEPTEMBER & OCTOBER SCHOOL HOLIDAY
PROGRAM 2020
WEEK 1**

Our Youth Spaces are back open and we are excited to have 15 young people at each holiday program session. We will be ensuring COVID-Safe practices are followed throughout each session.

TUESDAY 29TH SEPTEMBER



**Workshop:
1:00pm - 3:00pm**

LOVE BITES: HEALTHY RELATIONSHIPS

Join us today as we will be running a mini session of our healthy relationships program, Love Bites. Today's session will focus on stereotypes, red flags, and how you can be supportive to those in need.

WEDNESDAY 30TH SEPTEMBER



**Session 1:
12:00pm - 2:00pm**

BOOT CAMP CHALLENGE

It's time to test your endurance!

We will have boot camp obstacles set up outside the Youth Space. Get in teams or compete by yourself! We will fuel up with some refreshing healthy snacks throughout the day.



**Session 2:
3:00pm - 5:00pm**

GLASS PAINTING

Our second session for the day will include arts and crafts!

Young people will have the opportunity to make and take home their own glass-paint sticker creations.



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**SEPTEMBER & OCTOBER SCHOOL HOLIDAY
PROGRAM 2020
WEEK 2**

Our Youth Spaces are back open and we are excited to have 15 young people at each holiday program session. We will be ensuring COVID-Safe practices are followed throughout each session.

TUESDAY 6TH OCTOBER



**Workshop:
1:00pm - 3:00pm
GET EMPOWERED**

Today we will be facilitating a workshop that will focus on building confidence and increasing self-esteem in young people.

We encourage young people to take part in the range of fun and empowering activities we will have on offer.

WEDNESDAY 7TH OCTOBER



**Session 1:
12:00pm - 2:00pm
ACT IT OUT**

This will be a fun afternoon of Performing Arts! Activities for today will include acting, drama games, singing, and many other fun and creative activities.



**Session 2:
3:00pm - 5:00pm
CHALLENGE DAY**

We will be wrapping up our Holiday Program at North St Marys Youth Space with a Challenge Day! Activities will include volleyball, brain games and tug-o-war.